

# Week 1 WEEK COMMENCING: 22ND APRIL / 13TH MAY / 10TH JUNE / 1ST JULY / 22ND JULY / 16TH SEPT / 7TH OCT

## MONDAY

Pork Sausage with Gravy & Mashed Potato

Macaroni Cheese **V**

Jacket Potato with Cheese

Picnic Bag

Peas & Carrots

Cheese & Crackers

## TUESDAY

Beef Lasagne

Vegetable Stir Fry & Noodles **V**

Jacket Potato with Baked Beans

Picnic Bag

Sweetcorn & Green Beans

Orange Jelly with Mandarins

## WEDNESDAY

Roast Turkey with Gravy & Roast Potatoes

Vegetable Balti & Rice **V**

Jacket Potato with Coleslaw

Picnic Bag

Carrots & Broccoli

Chocolate & Vanilla Mousse

## THURSDAY

BBQ Chicken Pizza

Margherita Pizza **V**

Jacket Potato with Tuna

Picnic Bag

Roasted Vegetables & Fruity Coleslaw

Summer Strudel with Greek Yogurt

## FRIDAY

Fish Fingers & Chips 

Quorn Hotdog in a Roll with Chips **V**

Jacket Potato with Cheese

Picnic Bag

Peas & Baked Beans

Pear & Chocolate Sponge with Custard

# The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.



# Week 2 WEEK COMMENCING: 29TH APRIL / 20TH MAY / 17TH JUNE / 8TH JULY / 2ND SEPT / 23RD SEPT / 14TH OCT

## MONDAY

Penne Pasta Carbonara

Neapolitan Pasta **V**

Jacket Potato with Baked Beans

Picnic Bag

Peas & Sweetcorn

Apple and Banana Cake with Custard

## TUESDAY

Turkey & Leek pie with New Potatoes

Falafel Pitta with Salad **V**

Jacket Potato with Cheese

Picnic Bag

Broccoli & Cauliflower

Cheesecake

## WEDNESDAY

Roast Gammon with Gravy & Roast Potatoes

Quorn Toad in the Hole with Gravy & Roast Potatoes **V**

Jacket Potato with Tuna

Picnic Bag

Carrots & Green Beans

Chocolate & Vanilla Mousse

## THURSDAY

Meat Feast Pizza

Margherita Pizza **V**

Jacket Potato with Coleslaw

Picnic Bag

Sweetcorn & Potato Salad

Orange Jelly with Mandarins

## FRIDAY

Fish Fingers with Chips 

Vegetable Frittata with Chips **V**

Jacket Potato with Baked Beans

Picnic Bag

Peas & Baked Beans

Chocolate Cracknell

# Week 3 WEEK COMMENCING: 6TH MAY / 3RD JUNE / 24TH JUNE / 15TH JULY / 9TH SEPT / 30TH SEPT

## MONDAY

Beef Penne Pasta Bolognese

Lentil & Sweet Potato Curry **V**

Jacket Potato with Cheese

Picnic Bag

Carrots & Broccoli

Pear & Vanilla Sponge with Custard

## TUESDAY

Chicken Korma & Rice

Roasted Vegetable Lasagne **V**

Jacket Potato with Baked Beans

Picnic Bag

Cauliflower & Green beans

Chocolate & Orange Brownie

## WEDNESDAY

Roast Pork with Gravy & Roast Potatoes

Cheese & Tomato Pinwheel **V**

Jacket Potato with Tuna

Picnic Bag

Carrots & Green Beans

Pancake with Chocolate Sauce

## THURSDAY

BBQ Chicken Pizza

Margherita Pizza **V**

Jacket Potato with Coleslaw

Picnic Bag

Sweetcorn & Fruity Coleslaw

Pear & Berry Crumble with Custard

## FRIDAY

Fish Fingers with Chips 

Quorn Meatballs in Tomato Sauce with Penne Pasta **V**

Jacket Potato with Cheese

Picnic Bag

Peas & Baked Beans

Cheesecake