

**WEEK
3**

W/C: 19/09 10/10 14/11 05/12 16/01 06/02
27/02 20/03

Chartwells
So much more than Fantastic Food

THREE WEEK MENU

AUTUMN/WINTER 2022

£2.34

**OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN**

**YOUR
FAVOURITES
AVAILABLE
EVERY DAY**



**HOT
SPECIALS...**

**DAILY
FAVES...**

SIDES...

**PICK A
PUD!**

MONDAY

Pesto Pasta Bake 🍃

**Cheese and Tomato
Pizza** 🍃 🍷

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍃
with a choice of hot and
cold fillings
Tomato Pasta 🍷 🍃
Fresh, homemade tomato
and basil sauce with
penne pasta

**Peas
and
Carrots**

**Strawberry
Ice Cream**

TUESDAY

**Sweet and Sour
Chicken**

**West African
Vegetable Rice** 🍃 🍷

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍃
with a choice of hot and
cold fillings
Tomato Pasta 🍷 🍃
Fresh, homemade tomato
and basil sauce with
penne pasta

**Broccoli
and
Sweetcorn**

**Fruity
Flapjack
Bar** 🍷

WEDNESDAY

Roast Pork

Vegetable Pastry Roll
🍃

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍃
with a choice of hot and
cold fillings
Tomato Pasta 🍷 🍃
Fresh, homemade tomato
and basil sauce with
penne pasta

**Carrots
and
Cabbage**

**Fruit Jelly
and
Custard** 🍷

THURSDAY

Cottage Pie 🍷

**Vegetarian Cottage
Pie** 🍷 🍷

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍃
with a choice of hot and
cold fillings
Tomato Pasta 🍷 🍃
Fresh, homemade tomato
and basil sauce with
penne pasta

**Sweetcorn
and
Green
Beans**

**Chocolate
Milkshake
served
with
Chocolate
Biscuit**

FRIDAY

Southern Fried Chicken

**Vegan Meatballs in
Tomato Sauce** 🍷 🍷

Packed Lunch
See below for details
Jacket Potatoes 🍷 🍃
with a choice of hot and
cold fillings
Tomato Pasta 🍷 🍃
Fresh, homemade tomato
and basil sauce with
penne pasta

**Peas
and
Beans**

**Chocolate
Slice**

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE

WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY

WEEK 1

W/C: 05/09 26/09 17/10 31/10 21/11 12/12
02/01 23/01 06/03 27/03

WEEK 2

W/C: 12/09 03/10 07/11 28/11 09/01 30/01
20/02 13/03

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUD!

HOT SPECIALS...

DAILY FAVES...

SIDES...

PICK A PUD!

MONDAY

Macaroni Cheese 

Vegetarian Sausage 

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Peas

Vanilla Ice Cream

TUESDAY

Chicken Pie

Cheese and Tomato Pizza  

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings, including Salmon Mayonnaise 
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Sweetcorn and Fresh Salad

Hot Chocolate Sponge served with Chocolate Custard

WEDNESDAY

Roast Turkey

Vegan Sausage Casserole  

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage

Oat Cookie served with Fruit Slices 

THURSDAY

Beef Bolognese  

Chinese Vegetable Rice 

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Broccoli and Sweetcorn

Vanilla Ice Cream Milkshake served with Shortbread

FRIDAY

Breaded Fish

Quorn Dippers 

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Beans

Pineapple Upside Down Cake

MONDAY

Cheese and Tomato Pizza  

Mixed Bean Pasta   

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Green Beans and Sweetcorn

Jam Sponge

TUESDAY

Pork Sausages

Sweet Chilli Vegetable Noodles   

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Broccoli

Orange Shortbread 

WEDNESDAY

Roast Chicken

Vegetable Pie  

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Carrots and Cabbage

Chocolate Ice Cream

THURSDAY

Keralan Chicken Curry

Cauliflower and Sweet Potato Masala  

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Sweetcorn and Green Beans

Strawberry Milkshake with Fresh Fruit 

FRIDAY

Breaded Fish

Quorn Dippers 

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Peas and Beans

Peach Slice 

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE
WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available