



Kingsteignton Swimming Pool

Summer Swimming Lessons at Kingsteignton Pool

Children's Lessons (3+)

Tuesday evenings 5-6
Saturday mornings 10-12

Lessons will run in 6 week blocks. At the end of each block the children are assessed in accordance with the National Teaching Plan. We pride ourselves on our small class sizes and excellent teaching. We also have links with local swimming clubs for those swimmers who wish to progress to competition level.

Intensive Lessons

30 minutes per day for 5 days

These will run in May half term and selected weeks during the school holidays in July and August.

Adult Sessions (18+)

Adult swimming lessons Saturday morning

***Small groups for non-swimmers**

Adult technique improvement session Tuesday evening 6-7

Adult conditioning session Tuesday evening 6-7

For any further information please contact Clair Parker on 07966473807 or email swimlessonskingsteignton@gmail.com

Alternatively check out our Facebook page and website