



Class: Starfish

Group: EYFS

Week beginning: 23rd March 2020

Welcome to home learning.

Dear Parents/ Carers

Now that we have had confirmation of school closure by the Government, I would like to provide you with information regarding distance learning. However, we appreciate that children completing work is dependent on children being well enough to do so.

This information can be found on the school website – please follow the tab on the front screen labelled ‘Coronavirus’. When working at home, our expectation for learning will be set for the week, by the class teacher, every Monday morning by 9:30am. This will be emailed via Class Dojo and will also be posted on the school website, on the Coronavirus tab under Home Learning. The class teacher will outline the learning for the coming week and will break down the learning into the days of the week. We will modify and improve Home Learning as the weeks go by. We have also included a possible timetable to show how you may like to structure your day around home learning. We recognise this may not work for everyone but is a starting point.

Whilst communication with your child’s class teacher is important during these unprecedented times, we do ask that parents remember that teacher’s will be working in school with children of the Key Workers, who are critical in the effective delivery of the government's response to COVID-19. Teachers will be communicating with many families and therefore all communications should be essential and succinct. Teaching staff will aim to respond to all communications within two working days and during working hours.

We continue to take this situation very seriously and I am very proud of the team who, with their own worries and questions, continue to provide a calm and safe space for our Key Workers’ children whilst providing home learning for those unable to come to school. May we keep in our prayers our families and staff members who are self-isolating or unwell at the present time. Thank you for your continued support and understanding.

God bless,
Kelly Dunne

Establishing a routine.

We recognise that quality learning can occur at a distance without solely relying on computers. Our aim is for all children to read, communicate and engage in a range of learning experiences while continuing to be physically active; the range of learning opportunities provided by your child's class teacher reflects this. Below is a possible routine that you may wish to adopt/ adapt with your children.

Time	Event	Possible Activity
Before 9am	Wake up	Eat breakfast, make your bed, get dressed
9 am – 9.30 am	Morning Exercise	Joe Wicks Daily PE lesson online (YouTube The Body Coach TV) or try and get some fresh air/ garden time.
9.30 – 10.30 am	Academic Time	Work through the day's learning activities set by your class teacher
10.30 – 11.30 am	Creative time	Complete a creative activity, this could be linked to your topic. You could draw, paint or bake!
11.30 – 12.00	Quiet time	Reading
12 – 1 pm	Lunch time	Remember to offer to help prepare lunch and lay the table.
1 – 1.30 pm	Chore time	Help to wipe down tables and surfaces, clear away items no longer needed and offer to help with chores around the house.
1.30– 2.30pm	Academic Time	Work through the days learning activities set by your class teacher
2 .30 - 3 pm	Quiet time	Read/ puzzles/ colouring
3 – 4 pm	Family Time	Spend time doing something as a family.
4 – 5 pm	Afternoon exercise	What can you do to get moving? Perhaps have a dance with gonoodle.com
5– 6pm	Dinner time	Remember to offer to help to prepare dinner and lay the table. Talk about your day: What did you enjoy? What have you learnt?



COPING CALENDAR: KEEP CALM. STAY WISE. BE KIND



30 actions to look after ourselves and each other as we face this global crisis together. Please use & share 🙌

1 Make a plan to help you keep calm and stay in contact

2 Enjoy washing your hands. Remember all they do for you!

3 Write down ten things you feel grateful for in life and why

4 Stay hydrated, eat healthy food and boost your immune system

5 Get active. Even if you're stuck indoors, move & stretch

6 Contact a neighbour or friend and offer to help them

7 Share what you are feeling and be willing to ask for help

8 Take five minutes to sit still and breathe. Repeat regularly

9 Call a loved one to catch up and really listen to them

10 Get good sleep. No screens before bed or when waking up

11 Notice five things that are beautiful in the world around you

12 Immerse yourself in a new book, TV show or podcast

13 Respond positively to everyone you interact with

14 Play a game that you enjoyed when you were younger

15 Make some progress on a project that matters to you

16 Rediscover your favourite music that really lifts your spirits

17 Learn something new or do something creative

18 Find a fun way to do an extra 15 minutes of physical activity

19 Do three acts of kindness to help others, however small

20 Make time for self-care. Do something kind for yourself

21 Send a letter or message to someone you can't be with

22 Find positive stories in the news and share these with others

23 Have a tech-free day. Stop scrolling and turn off the news

24 Put your worries into perspective and try to let them go

25 Look for the good in others and notice their strengths

26 Take a small step towards an important goal

27 Thank three people you're grateful to and tell them why

28 Make a plan to meet up with others again later in the year

29 Connect with nature. Breathe and notice life continuing

30 Remember that all feelings and situations pass in time



“Everything can be taken from us but one thing: the freedom to choose our attitude in any given set of circumstances” ~ Viktor Frankl



ACTION FOR HAPPINESS



www.actionforhappiness.org

HELLO
Monday

Three yellow tulips with green stems and leaves are positioned at the bottom center of the graphic.



Monday 23rd March 2020

1. *English – see slide 5*
2. *Maths – see slide 6*
3. *Other – see slide 7*
4. *Today's Prayer – see slide 8*

English - Writing

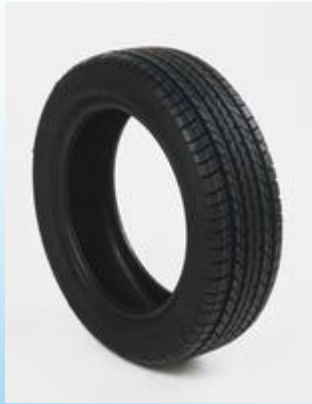
Can you draw a picture of the people who live in your house? If you share time across two houses, draw who lives in each house?

Can you label your family members using your phonics knowledge?



Maths - Shape Hunt

Can you spot and name different shapes outside in the garden and around the house? Can they draw these shapes?



Other areas

Put on a show or performance!

Perform a story or song to your family. Plan out costumes, props.

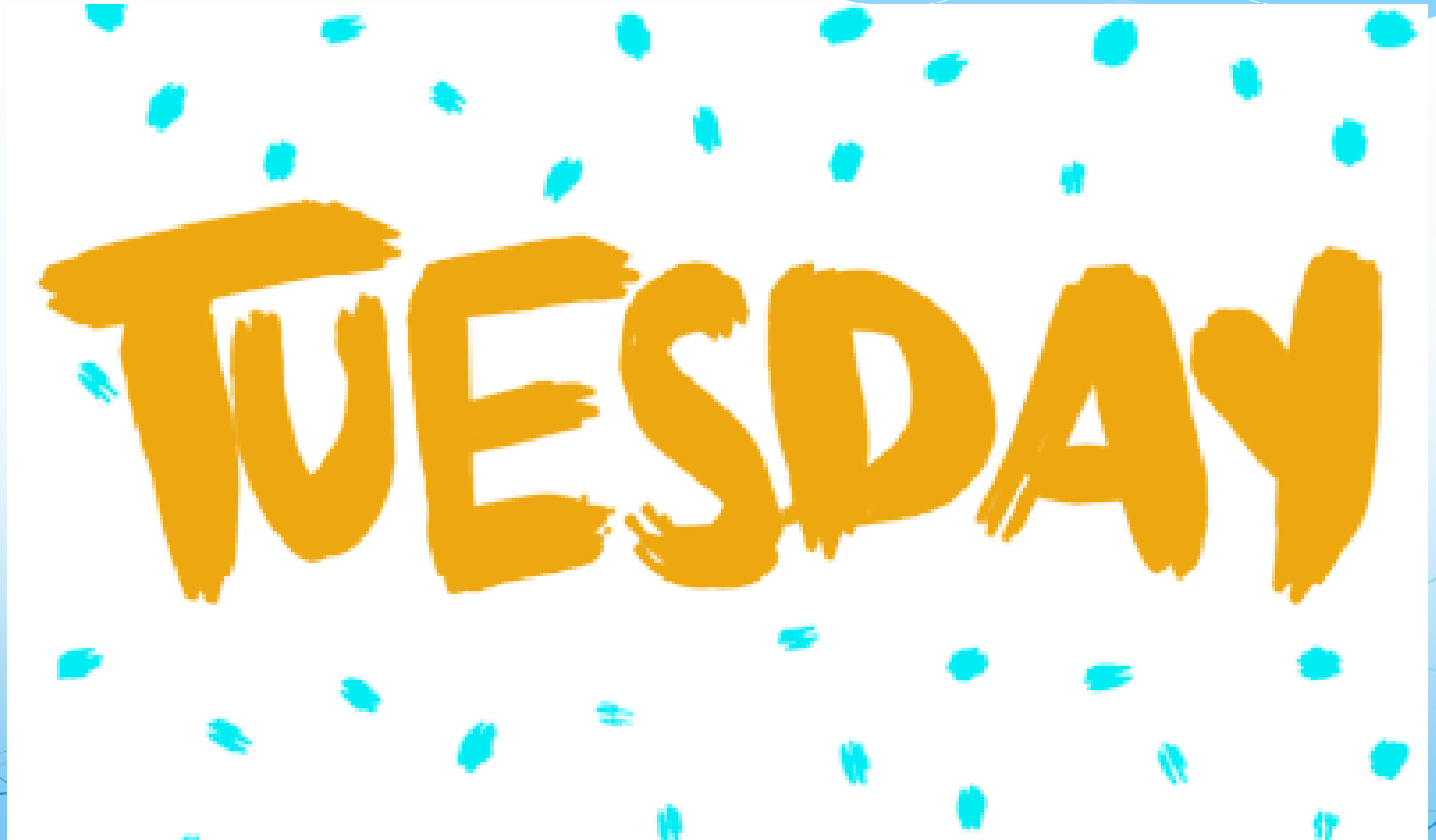
You could make a show program.

Our Father,

Who art in Heaven,
hallowed be Thy name;
Thy Kingdom come,
Thy will be done
on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil

Amen.

A decorative flourish consisting of symmetrical, swirling lines that curve upwards and outwards from a central point, resembling a stylized 'W' or a floral motif.



TUESDAY



Tuesday 24th March

1. **Practise writing your name 5 times!**
2. **Phonics.** Point to each letter on the sound mat to practise saying the sound each letter makes. See slide 11
3. **Maths** – Using positional language. Encourage language: above, below, beside, next to, in between, on top, underneath... See slide 12
3. **PE** – Visit the the GoNoodle website for ways to keep active:
<https://app.gonoodle.com/>
4. **Today's Prayer**

**Jesus, thank you for rejoicing with me
when I am happy and confident.**

**Help me to rejoice and be happy when
others are confident and full of good news.**

Amen







twinkl
visit [twinkl.com](https://www.twinkl.com)

Can you find...? Where are they?





Wednesday 25th March 2020

- 1. English – see slide 15*
- 2. Maths – see slide 16*
- 3. Other – see slide 17*
- 4. Today's Prayer – see slide 18*

Can you draw your favourite character from a story book? Can you write some words to describe your character?

Maths - Representing numbers

Can you represent numbers to 10 using objects from around the house?



Other

Have a family picnic.

Lay out a blanket in the living room or garden.

Can you make sure everyone has a plate, fork, spoon, cup?

How many do we need all together?

Give your child a selection of food and ask them to share it fairly between everyone?

If there is one left over what could we do?



Thank you Lord
for all your blessings to me and my family.
For the strength you give me each day,
for my friends
and for all the people around me,
who make life more meaningful.
Thank you God. Amen.

THURSDAY





Thursday 26th March 2020

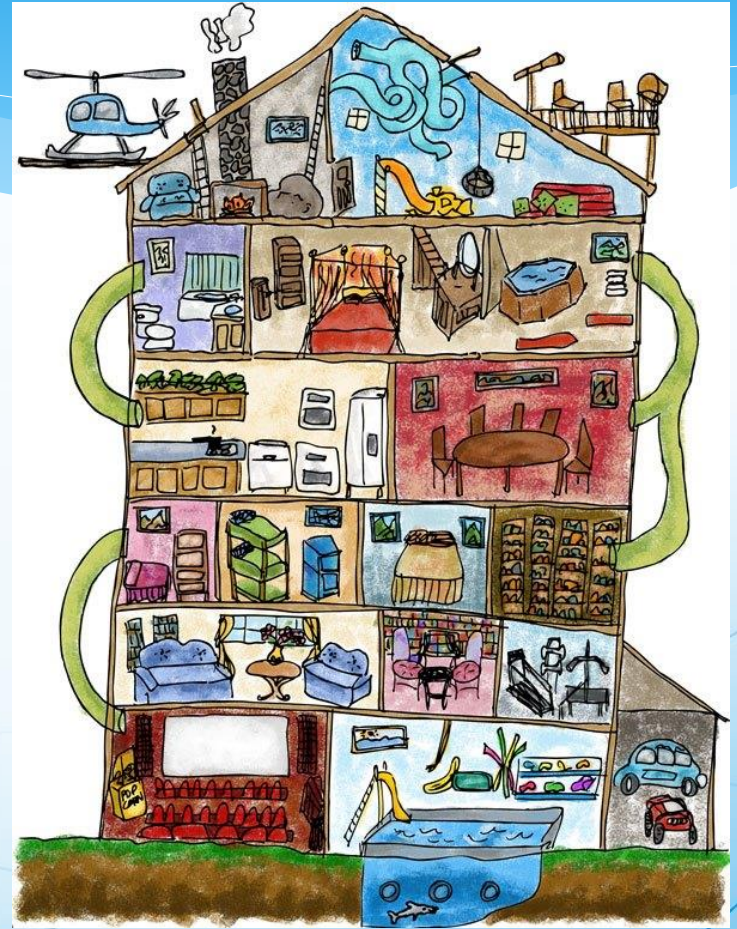
- 1. English – see slide 21*
- 2. Maths – see slide 22*
- 3. Topic – see slide 23*
- 4. Today's Prayer – see slide 24*

English - Dream Home

Design your dream house.
What rooms would you like to
have in your house?

Be as imaginative as you can
(e.g. a cinema room, a
chocolate room, a swimming
pool).

Can you label your house using
your phonics knowledge?



Maths - One more and one less

Ask your grown-up to tell you a number. Place this number of raisins or cereal pieces on your plate. If your grown-up says 'one more', can you add one more and say the number you have? If your grown-up says 'one less', can you eat one then count the number you have left?



Build a tower with 7 bricks. Can you build two more towers of bricks, one that uses one less than 7 bricks and one that uses one more than 7? Can you put these in an order? What do you notice?

Other

Can you follow a recipe to make something tasty, that everyone in the family will enjoy eating!



Dear God,
Help me spend today 
with a *Smile* on my face,

Love in my heart,
 Joy in His grace,

and my *thinking cap* on all day.

Amen

FRIDAY



Friday 27th March 2020

- 1. English – see slide 27*
- 2. Maths – see slide 28*
- 3. Topic – see slide 29*
- 4. Today's Prayer – see slide 30*

English - Tricky Words

Can you look in magazines, newspapers and books for the tricky words you recognise and have been learning.









You could use a highlighter to highlight in magazines and newspapers.

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Can you practice reading and writing these tricky words?

Maths - Tally Chart

Can you create a tally chart of the colour of cars that drive past?

Colour			Tally	Total
Red				
Blue				
Green				
Yellow				

Other

Can you make a map of your house?

Can they name all of the rooms?

An adult could hide an object in a room and mark where it is on the child's map.

Can you use your map to find the hidden object?

- Gather an object from each room and challenge your child to return them to the appropriate room e.g. toothbrush from the bathroom, teddy from their bedroom.
- Hide objects around the room and describe where it is e.g. "it's under something red"
- Can your child hide an object and describe where it is for you to find?

Dear Jesus,
Please show me how to spend this day
Sharing your LOVE in every way
Help me to be kind to everyone
To play and laugh and have lots of fun
Shining your light and giving your grace
Sharing your JOY with a smile on my face!





Other things that you can do this week:

English

- Read – You can visit Oxford Owl for free eBooks that link to your child's book band and create a free account. You can then complete the linked play activities for each book.
- Phonics games - <https://www.phonicsplay.co.uk/>
- Writing your name.

Maths

- Practice counting to 20.
- Practice writing numbers 0-10.
- Watch a numberblocks episode each day on BBC Iplayer. Use this guide to help support you with what to do with each episode.
<https://www.bbc.co.uk/cbeebies/joinin/numberblocks-help-your-child-with-maths>

Websites you may wish to visit

<https://classroomsecrets.co.uk/free-home-learning-packs/> - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

<https://www.twinkl.co.uk/> has got a range of different resources that can be used. They are giving parents and carers a free month if you use the following offer code - UKTWINKLHELPS.

<https://www.phonicsplay.co.uk/> - They are also giving parents and carers access for free. There are a range of different games and activities for children to do.

<https://www.bbc.co.uk/cbeebies/shows/numberblocks> - Number blocks have got many different episodes, each focusing on a different number or problem. There are also games that you can play.

<https://www.topmarks.co.uk/> - They have got a range of games, linked to many different subjects that are split into age ranges.

<https://app.gonoodle.com/> - This is free for you to sign up to and has a range of different dances and exercises that you can do to stay active!



God's love **transforms** us, by changing our attitudes and ways of behaving for the better.



We hope you are well and happy.
We miss you and are looking forward to
having you back in school as soon as
possible.

Keep smiling!

Love from all the staff of St Joseph's.