



St. Joseph's Catholic Primary School

NEWSLETTER



29th March 2019

Stars of the Week

is an opportunity to celebrate our Learning Stars.

Jan Kozlowski

Riley Hales

Jude Mann

Harry Robinson

Ava Breslan

Ellie McLaughlin

Harley Jordan

Mieszko Zuber

Kye-Lewis Steer

Kathryn Baker

We love to celebrate our pupils' achievements out of school during Prayer and Praise.

Congratulations to **Isla Hoskin** for receiving **Stage 2** Learn to Swim.

Congratulations to **Michael Burke** for achieving **Level 1** Audio Listening Device Management.

Please bring your certificates and awards to the office.

Crossing Patrol

We are very pleased to tell you that Francis will be returning to his post on Wednesday 24th April.

We look forward to welcoming him back.

ATTENDANCE

Congratulations to the classes with the highest weekly attendance:

8th Mar- 21st Mar **KINGFISHER 95.2%**

22nd Mar - 28th Mar **SWALLOW 97.5%**

**EVERY
SCHOOL DAY
COUNTS**

Dates

Dates for the term are on the school website.

25th Mar-5th Apr Big Pedal Event

1st April Big Pedal Breakfast

4th April Prayer for Parents 3pm

4th April Kingfisher Swimming Lesson

5th April End of Term

23rd April Summer Term starts

26th April Easter Hat Parade

26th April **Y1/Y2 Forest School Club**

Contact Details

Please make sure you inform the office if your contact details change. Could we also please request an up to date email address for all main contacts. Thank you.



**We return to school on
Tuesday 23rd April.**

SCHOOL DINNERS

Our contractors, ISS, have increased the cost of school dinners. From 23rd April, the cost of a meal will be £2.40.



If you think your child is eligible for Free School Meals, please ask at the office for details of how to apply.

Live, learn and love in a caring Catholic community.

Top Quizzing Results 18/19	
Maria Warren	98.9%
Ruby Slatter	98%
Imogen Voisey	97.9%
Kayla Quainoo	97.4%
Freya Byrne Ellie East George Gould Barney Hickman	97.1%

Class Quizzing Averages 18/19	
Swallow	88.3%
Owl	87.4%
Kingfisher	86%
Puffin	85.3%
Woodpecker	82.4%

Congratulations to our Word Millionaires:

Kayla Quainoo, Autumn Avery, Ruby Slatter,
Chloe Leeper, Laurel Mann, Ellie East

School Clubs

**Please note:
Some clubs have finished for
the Spring Term.**

Monday **Civic Award Club (Lunchtime)**
Mrs Soby

Wednesday **Maths Masters Yr6 (4.15pm)**
Mrs Sharman

Friday **Forest School Yr5/6 (4.30pm)**
Mrs Harrison

THANK YOU

Thank you for supporting the Book Fair. We'll let you know how much commission we receive to spend on books for the school.



EASTER HAT PARADE

Friday 26th April 9.15am



We wish all our wonderful mums a very happy day.

Thank you to our 'Friends' for providing the daffodils for the children to give to you today.



As a mum, it can be so easy to think that everyone else has everything under control, but you're not alone.

www.headstogether.org.uk

1. It's OK to not be OK

Motherhood is an emotional rollercoaster and most of us experience low moods at some point.

Postnatal depression affects 1 in 7 women within a year of giving birth. So if the bad days are outnumbering the good, you're finding it hard to bond with your baby, speak to your GP.

There's so much that can be done to help. If they're unsympathetic, consider asking to see a different doctor.



4 things to help mums this mother's day

2. Talk to other mums

Motherhood can be lonely but the idea of striking up a conversation with a mum you don't know is sometimes intimidating.

It's a feeling we know well, in fact, it's the entire reason Mush exists! Sarah and I became friends after meeting in a playground. Our friendship transformed our maternity leave and then our lives.

So, however you choose to connect with other women, nobody 'gets it' like mums with kids the same age.



4 things to help mums this mother's day

3. Don't let social get you down

Much of life is lived online, so if your social feeds are making you miserable, give them a reboot.

No mum leads a Pinterest-perfect, Insta-friendly life of healthy eating, tidy houses, crafternoons and date nights.

There are so many wonderful, funny, honest mums and dads online, so find the people who lift you up and unfollow anyone who brings you down.



4 things to help mums this mother's day

4. There is no 'right' way to feel better

Fresh air, good company, healthy food and exercise are brilliant ways to help you get closer to feeling on top of things again, but maybe you can't face it all - or any - of that right now.

Take baby steps. Just acknowledging that you're struggling is a great start.

There's no one-size-fits-all solution. Just remember, everyone's winging it and you're doing a great job.



4 things to help mums this mother's day

Live, learn and love in a caring Catholic community.

**Plymouth Diocese
Catechetical Summer Camps 2019**

Plans are well under way for the Catechetical Summer Camps for young people of the diocese which will run from 28th July to the 9th August at Grangehurst at Buckfast Abbey. Please note that this year the Junior Camp is during the first of the two weeks.

JUNIOR CAMP (Years 3-6) 28th July-2nd Aug

The camps, running for over 60 years, have provided an opportunity for the young people of the diocese to meet and grow together in their faith and love of Our Lord Jesus, and beauty of the liturgy and prayer. The emphasis this year will be centred on Pope Francis' apostolic exhortation "Rejoice and Be Glad"

Applications are now being taken for places. Camp details and application forms can be obtained from St Joseph's website or on-line from the camp website :

www.pdsummercamps.org.uk



Are you connected?



Please sign up to **#easyfundraising** and help us raise FREE funds for Friends of St Joseph's when you're doing your everyday shopping online. THIS IS FREE MONEY FOR US! Plus, when you raise your first £5, easyfundraising will match it!! There is a short video which explains how simple it is and it doesn't cost you anything –

<http://efraising.org/cv1Wj5Bman>.

Sign-up using our unique link and search for Friends of St Joseph's Catholic Primary School:
<https://www.easyfundraising.org.uk/invite/LCDLRI>

A Parent's Prayer

Loving God,
You are the giver of all we possess,
the source of all of our blessings.
We thank and praise you.

Thank you for the gift of our children.

Help us to set boundaries for them,
and yet encourage them to explore.
Give us the strength and courage
to treat each day as a fresh start.

May our children come to know you,
the one true God,
and Jesus Christ, whom you have sent.

May your Holy Spirit help them to grow
in faith, hope, and love,
so they may know peace, truth
and goodness.

May their ears hear your voice.
May their eyes see your presence
in all things.

May their lips proclaim your word.
May their hearts be your dwelling place.

May their hands do works of charity.
May their feet walk in the way of
Jesus Christ, your Son and our Lord.

Amen.

Join us for

'OPEN DOORS' PARENT PRAYER:

An informal chance to sit back
and rest a while.

Thursday 4th April - 3.00pm in Birch

St. Joseph's Catholic Primary School, Coombeshead Road, Newton Abbot, TQ12 1PT

Tel: 01626 352559 Email: admin@sjna.uk

Kelly Dunne: Headteacher

St. Joseph's School is committed to safeguarding children.

Designated Child Protection Officer: Kelly Dunne Deputy Child Protection Officer: Emma Wilson

Named Governor for Child Protection: Tim Van Kroonenburg