

Week 1

WEEK COMMENCING: 4TH SEP/ 24TH SEP/ 1ST OCT/ 22ND OCT/ 5TH NOV/ 26TH NOV/ 3RD DEC/ 7TH JAN
28TH JAN/ 4TH FEB/ 25TH FEB/ 4TH MAR/ 25TH MAR/ 1ST APR

MONDAY

Pork Sausages
with Wedges & Gravy

Neapolitan Beany Pasta

Jacket Potato with Cheese

Carrots
Green Beans

Lemon Drizzle Cake

TUESDAY

Beef Pasta Bolognese

Broccoli, Cauliflower
& Sweet Potato Mornay Bake

Jacket Potato
with Baked Beans

Broccoli
Sweetcorn

Toffee Apple Crumble

WEDNESDAY

Roast Gammon
with Roast Potatoes & Gravy

Sticky Vegetarian Sausages
with Roast Potatoes

Jacket Potato with Coleslaw

Carrots
Peas

Frozen Strawberry Yoghurt

THURSDAY

Meat Feast Pizza

Margherita Pizza

Jacket Potato with Tuna

Sweetcorn
Vegetable Medley

Orange Jelly with Mandarins

FRIDAY

Salmon Fish Fingers
& Chips

Spicy Bean Burger
with Chips

Jacket Potato with Cheese

Baked Beans
Peas

Chocolate Muffin

MONDAY

Chicken Korma with Rice

Macaroni Cheese

Jacket Potato
with Baked Beans

Broccoli
Sweetcorn

Apple Strudel with Custard

TUESDAY

Beef Lasagne

Vegetable & Butterbean Ragu

Jacket Potato with Coleslaw

Carrots
Peas

Pear & Vanilla Sponge
with Custard

WEDNESDAY

Roast Turkey
with Roast Potatoes & Gravy

Vegetarian Pasta Bolognese

Jacket Potato with Cheese

Carrot & Swede Mash
Green Beans

Lemon Shortbread

THURSDAY

Chicken & Sweetcorn Pizza

Margherita Pizza

Jacket Potato with Tuna

Runner Bean Slaw
Sweetcorn

Berry Ripple Sponge with Custard

FRIDAY

Breaded Fish & Chips

Cheese & Leek Pasty
with Chips

Jacket Potato
with Baked Beans

Baked Beans
Peas

Fruity Flapjack

Week 3

WEEK COMMENCING: 17TH SEP/ 15TH OCT/ 19TH NOV/ 17TH DEC/ 21ST JAN/ 18TH FEB/ 18TH MAR

MONDAY

Beef Chilli Con Carne

Tomato, Lentil
& Cheese Pasta

Jacket Potato with Cheese

Green Beans
Sweetcorn

Chocolate & Orange Brownie

TUESDAY

Pork Meatballs with Mash

Cheese & Leek Potato Boats

Jacket Potato
with Baked Beans

Carrots
Peas

Jelly with Peaches

WEDNESDAY

Roast Pork
with Roast Potatoes & Gravy

Vegetable and Lentil Loaf
with Roast Potatoes & Gravy

Jacket Potato with Tuna

Broccoli
Cabbage

Berry Muffin with Custard

THURSDAY

BBQ Chicken Pizza

Margherita Pizza

Jacket Potato with Coleslaw

Green Beans
Sweetcorn

Frozen Toffee Yoghurt

FRIDAY

Fish Fingers & Chips

Vegetable & Cheese Crumble
with Chips

Jacket Potato with Tuna

Baked Beans
Peas

Peach Upside Down
Sponge

The Guide to Goodness



Many of our homemade
desserts contain at
least 50% fruit!



The fish we serve is
from well-managed and
sustainable fisheries.



Over 75% of our dishes
are made fresh on
site today from fresh
ingredients.



We use wholegrain
flour and serve
wholemeal bread.



Where possible we use
ingredients sourced
from local producers.

Menu Key:

Organic Flour

Organic Beef Mince

Organic Milk

Vegetarian

MSC Fish

Free Range Chicken

50% Fruit