

# Get to school the active way...



At St. Joseph's we want to be ambassadors for making our school community a more eco-friendly and safer place. One way of doing this is to travel to school by walking, biking or scooting. This reduces the traffic on the road, which means less pollution and less congestion- that means safer roads too!

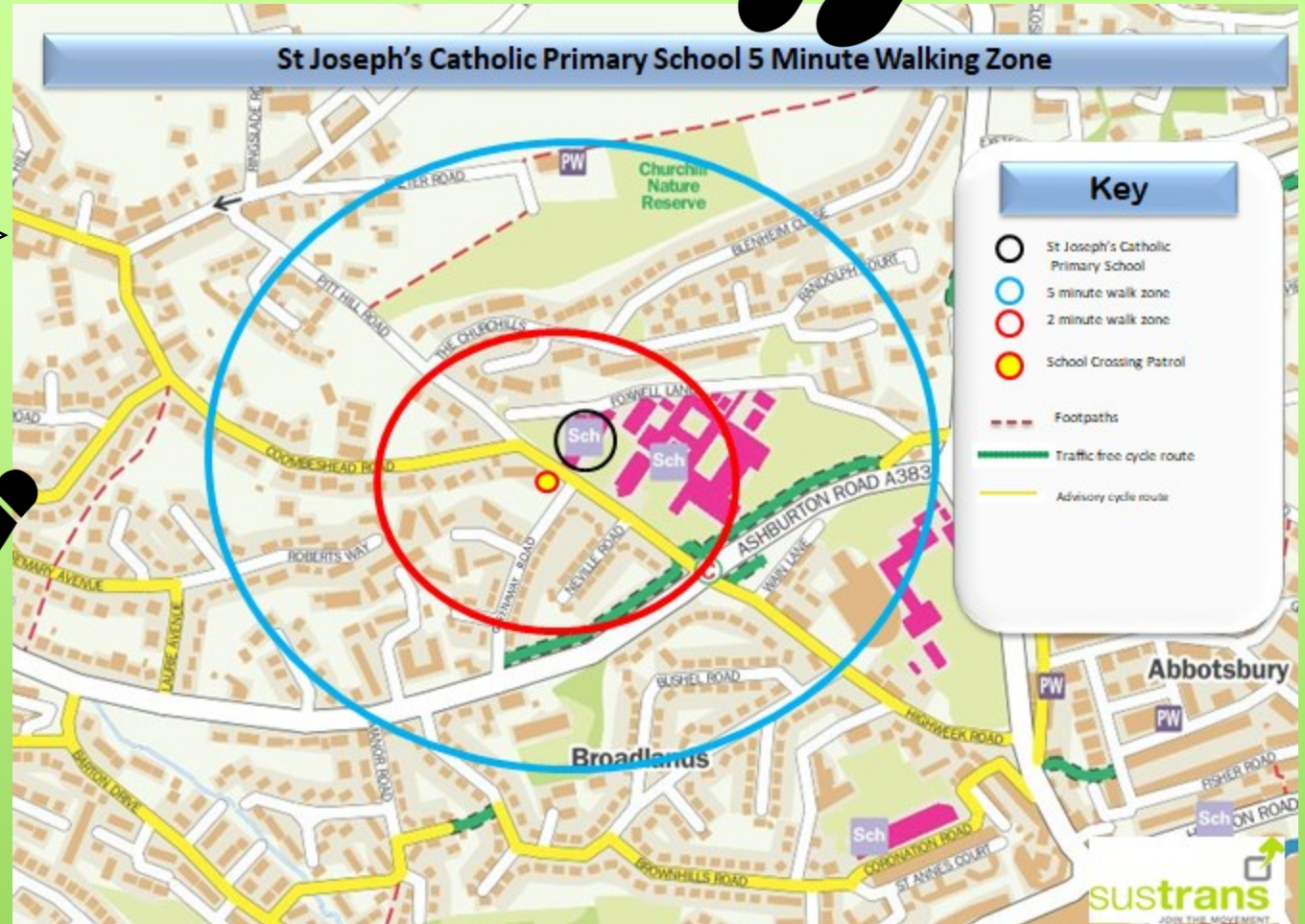
PLUS, there are great health benefits. That little bit of extra exercise will help you

Our School Council spent time planning and testing a 5-minute walk map. This shows you the areas from the school which are a 5 minute walk away.

So, what can you do now?

- If you live within the walk zone, you could ditch the car and save some money by walking , scooting or biking to school instead.
- Even if you live just outside the zone, you could still also try walking.
- If you have to travel by car, you could park just outside the zone and walk the rest of the journey.

# 5-MIN WALK MAP!



## Support Active Travel at St. Joseph's



Get fit, have fun- walk, scoot, bike or run.